How to Make Your Own Kratky Hydroponics System

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Sustainable 🗹

Small-space friendly 🧭

A step-by-step guide for building a low-cost system for year-round indoor growing/food production



Greater Happens Here College of Agriculture



Who this guide is for

- Small farmers
- Hobbyists
- Home vegetable producers



What you will learn

In this guide, you will learn everything you need to build your own DIY Kratky hydroponics system through a step-by-step process using readily available materials. This guide will also provide recommendations for using your new DIY hydroponic system.

VSU's hydroponics expert



Josh earned a B.S. in Marine Science from Coastal Carolina and a M.S. in Aquaculture/Aquatic Sciences from Kentucky State University. Currently Josh serves as the Indoor Agriculture Extension Associate where he oversees aquaponic, hydroponic, and aquaculture systems within controlled environments (greenhouse, indoor).







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The Kratky Method of Hydroponics

The Kratky hydroponics method is a non-circulating technique that uses passive aeration to grow plants suspended over a water nutrient solution.

With this method, young plants start with their roots fully submerged in a basin of nutrient-rich water. As the plants grow and absorb this nutrient-rich water, their roots are gradually exposed to air (passive aeration) in the space created by water absorption.

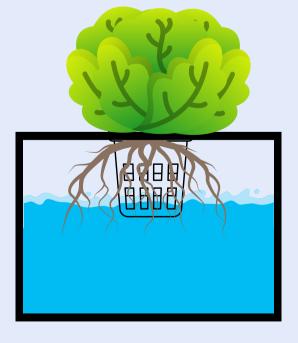
This allows a grower to maintain optimal plant growth while minimizing electrical inputs like air and water pumps.

Figure 1 - Kratky Hydroponics









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What You'll Need





14-gal HDPE plastic tote with fitted lid



measuring tape



sharpie



safety goggles



PVC cutters



power drill with 2" hole saw







3/16" drill bit

What You'll Need





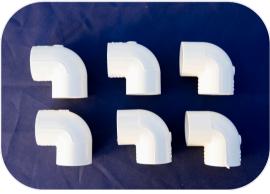
(15) 2" net pots



zip ties



(2) 3/4" PVC tee slip fitting



(6) 3/4" PVC 90deg elbow slip fitting



air pump







5 – 6' 3/4" airline tubing



air stone (3/16" inlet)



checkvalve (3/16" inlet)

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What You'll Need



Other materials

- (2x) 3/4" PVC 30" pieces*
- (1) 3/4" PVC 25" piece
- (4) 3/4" PVC 7 1/4" pieces
- (4) 3/4" PVC 3" pieces

Total of 126" of PVC pipe (single 10' and single 2 1/2' sticks of PVC pipe)

*If you want a taller light rack, use pieces longer than 30".

Helpful hints

- You can find these materials at your local hardware store
- Raw materials should cost less than \$60.00.
- Tools and additional supplies like nutrients, lights and light timer, etc., can cost between \$250 \$500.





Before you get started





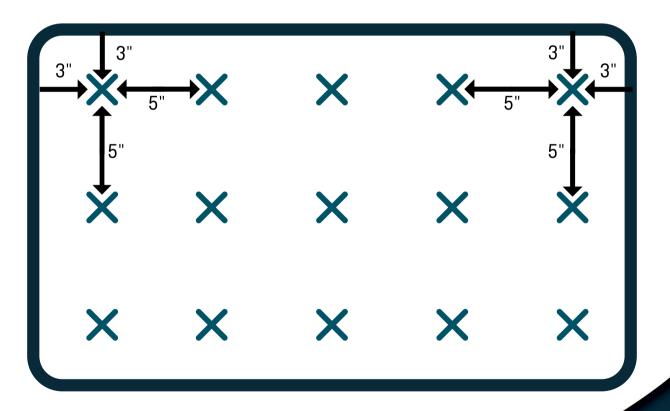
Wear personal protective equipment like safety goggles and gloves





Step 1 - Marking plant placements

Place your bin on a flat, sturdy surface. Using your measuring tape and sharpie, begin by marking where you will place your plant holes in the lid. This is where you will drill. Make sure your holes are evenly spaced across the lid.



We recommend placing no more than 15 holes in this size tote.





Step 2 - Drilling holes for plants

Use a drill fitted with a hole saw bit to carefully cut holes for your plants where you made your marks.





Use a blade or sandpaper to smooth the edges of the holes. Be careful not to remove too much plastic, as your net pots may no longer fit.





Step 3- Marking airline hole

Next, mark the location for your airline hole using a sharpie. The hole should align with the lip of the lid, and no more than 2" from the top of the lid to prevent water leakage.

Step 4 - Drilling airline hole

Fit your drill with the 3/4" drill bit. Drill into the lid where you marked it in step 3 to ceate the airline hole in the lid. This will provide a crucial connection for aeration.







Step 5 - Mark light rack PVC



Measure and mark the PVC for your light rack, using the sizes listed on page 3. Ensure precision for a stable and even support structure.

Step 6 - Cut light rack PVC

Use PVC cutters to make clean, accurate cuts along the marked lines for your light rack.



Step 7 - Placing net pots, airline and check valve



Fit your net pots into the holes in your lid.



Feed your airline pipe through the tote and connect your air stone to the end of the tubing.



Connect your check valve.



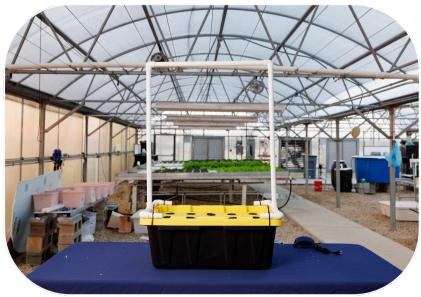


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Step 8 - Light rack assembly



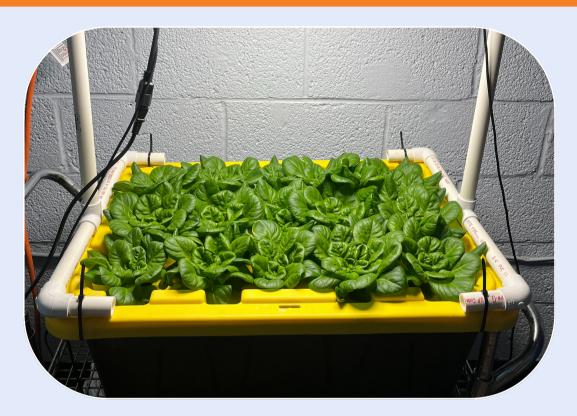
Assemble your light rack by securely connecting the PVC pieces together. Zip ties should only attach to the lid.



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Now, you will have essential support for your grow lights.



Salanova bibb lettuce after four weeks of growth

Want to watch the step by step guide?



Check out our instructional video by scanning the QR code with your smartphone or visit: <u>https://shorturl.at/zNRWX</u>





Other materials to consider

Grow lights*



- LED lights are best
- Adjustable dimmer built-in light pulleys are useful
- Select only grow lights that have a PAR map with a
- description (see example, below). These are higherquality lights.



Image courtesy of ViparSpectra





Other materials to consider



Hydroponic nutrients*

- Premixed liquid fertilizer is easier and less complicated but is more expensive than dry powder fertilizer
- Needs will vary depending on type of plant growing in your system



pH/EC meter*

- You can use pH test strips for a cheap rough estimate of pH
- Use trusted sources for meters
- Cheaper does not always mean better!
- Consider storage and calibration



Light timer*

- Three prong outlet is ideal for most lights
- A standard plug-in mechanical timer is sufficient in most scenarios





Other materials to consider

Air Pump*



- You will also need to purchase airline tubing and an airstone that will fit your air pump (3/16" is typical for most aquarium air pumps)
- A 10-gal aquarium air pump will likely be sufficient for any tubs smaller than 30 gal

Seed starting supplies



- Rockwool, coco coir, regular potting soil, or even media (such as hydroton) can be used to start seeds
- Likely will need a germination tray/kit
- A cool/dark area is ideal for seed germination. Once germinated, move the seeds under light under ready for transplantation

Harvesting/cleaning supplies



- Harvesting shears or scissors
- A 5-gal bucket for draining and filling your system
- Isopropyl alcohol or hydrogen peroxide as cleaning agents for your system





Other materials to consider

Measuring cups



- 10-50 mL measuring containers with increments of 1 or 5 mL will likely be sufficient for measuring nutrients for your system
- If using powder nutrients, then a measuring scale may be useful

Examples of options for items noted with an *

- pH/EC Meter Vivosun, Bluelab, Hanna, YSI, Milwaukee, Oakton
- Lights MARS Hydro, Viparspectra, Vivosun, Spiderfarmer
- Hydroponic Nutrients General Hydroponics, Foxfarm, Vivosun, Natural Hyroponics
- Light timer GE Mechanical 1-plug timer, Bn-link Indoor 24-hr Mechanical outlet timer
- Air pump Tetra, Active Aqua, Marina, Aqueon

Trade names in this publication are used solely for the purpose of providing specific information. Such use herein is not a guarantee or warranty of the products named and does not signify that they are approved to the exclusion of others. Mention of a proprietary product does not constitute and endorsement, nor does it imply lack of efficacy of similar products not mentioned.





Recommended reading and resources

Kratky, B.A. 2009. Three non-circulating hydroponic methods for growing lettuce. Proceedings of the International Symposium on Soilless Culture and Hydroponics. Acta. Hort. 843:65-72. https://www.ctahr.hawaii.edu/hawaii/downloads/three_noncirculating_hydroponic_methods_for_growing_lettuce.pdf

Latimer, J., Vallotton, A., Sperry, T., Mullins, C., and Scoggins, H. 2023. Hydroponic production of edible crops: management basics. Virginia Cooperative Extension.

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Sanchez, E. and Di Gioia, F. 2023. Hydroponics systems and principles of plant nutrition: essential nutrients, function, deficiency, and excess. PennState Extension.

https://extension.psu.edu/hydroponics-systems-and-principles-ofplant-nutrition-essential-nutrients-function-deficiency-and-excess

Sanchez, E. and Di Gioia, F. 2021. Hydroponics Systems: Nutrient solution programs and recipes. PennState Extension. https://extension.psu.edu/hydroponics-systems-nutrient-solutionprograms-and-recipes





Recommended reading and resources

Singh, H. and Dunn, B. 2017. Electrical conductivity and pH guide for hydroponics. Oklahoma State University Extension. https://extension.okstate.edu/fact-sheets/electrical-conductivityand-ph-guide-for-hydroponics.html

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Learn how to build your own Kratky hydroponics system for easy, at-home food production.



hydroponic lettuce in VSU's Demonstration Greenhouse VSU's College of Agriculture Aquaculture/Indoor Ag Program and Cooperative Extension Unit work to provide you with high quality learning materials and opportunities!

We focus on producing, harvesting, and marketing farm products within the context of sustainability and are here to support farmers and other stakeholders. In addition to hydroponics, our team can teach you about aquaponics, indoor agriculture, aquaculture, and more!

Find your answers at <u>https://www.ext.vsu.edu/</u>.

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